

# jessica buonocore / love food

H E A R T T O T A B L E

## sample dinner delivery menu

### **tuesday's delivery:**

lentil soup

roasted cauliflower with capers, green olives, parsley and tahini dressing

roasted salmon

baked penne with tomato sauce and mozzarella

### **friday's delivery:**

spinach with toasted sunflower seeds and goat cheese

farro with roasted beets, feta and arugula

mixed green salad

winter vegetable "lasagna" - vegetables layered with ricotta, parmesan and tomato

beef bourguignon

chicken braised with mushrooms and tarragon

pecan tart

